

PASS THE BREAD

- BACON CHEDDAR BUTTERMILK BISCUITS, maple butter - 6
- FLEUR DE SEL PRETZEL, David's nuclear horseradish mustard - 5
- GRILLED NAAN FLATBREAD, harissa yogurt sauce - 4
- WARM BLUEBERRY CORNBREAD, smoked jalapeno honey butter - 6

A LIL' SUMIN' SUMIN'

to enjoy with your cheese & charcuterie

Assorted pickles - 3
(kirby / cauliflower / carrot / cipollini)

Marinated olives - 6
(luques / picholine / castelvetro)

Honey selection - 4 **LOCAL HONEY**
(comb / truffle / susan's m.b.) ↗

CHEESES

- CHALLERHOCKER (cow), walter rass, switzerland - 12
- MYCELLA BLUE (cow), michael stub holm, denmark - 11
- KENNE (goat), jennifer kirkham, tomales, ca - 12
- BREBIRROUSSE D'ARGENTAL (sheep), fromi, france - 12
- IN-HOUSE GOAT RICOTTA (goat), herb oil, manhattan beach - 12
- IDYLL (cow) peter dixon, vermont - 13
- SPRINZ (COW), 24 MONTH, SWITZERLAND - 14**

CURED MEATS

- DUCK PROSCIUTTO, smoking goose, indiana - 13
- LA QUERCIA 'TAMWORTH' PROSCIUTTO, raised by russ kremer, ozarks, missouri - 13
- COPPA, red table meat co., minneapolis, minnesota - 11
- STAGBERRY SALAME, smoking goose, indiana - 10
- SALBANDO, red table meat co., minneapolis, minnesota - 12
- CABACERO DE IBERICO DE BELLOTA PURA, EXTREMADURA, SPAIN - 19**
- 3YR AGED ACORN TAMWORTH PROSCIUTTO, RAISED BY RUSS KREMER, OZARKS, MO - 20**

THE WORLD'S BEST PORK! AN ACORN FORAGING, BLACK HOOVED HOG!

THE FIRST AMERICAN PROSCIUTTO WE HAVE TASTED TO COMPARE TO JAMON IBERICO

EAT YOUR VEGETABLES...

- BLISTERING BLUE LAKE GREEN BEANS, thai basil, chili sauce, crispy pork, peanuts - 12
- POMEGRANATE COUSCOUS, lavender feta, marcona almonds, weiser melons, mint - 9
- BROCCOFLOWER, lemon, chili flake, parmesan - 13
- ROASTED BRUSSEL SPROUTS, fontina, candied walnuts, brown butter, honey-thyme gastrique - 14
- HOUSEMADE FRENCH FRIES, long, house cut, and double blanched to a crispy golden crunch, served with MBpost fry sauce - 8
- HEIRLOOM TOMATO & WAX BEAN SALAD, GEM LETTUCE, HONEY SOAKED PEACHES, BLUE CHEESE DRESSING & WALNUTS - 13**
- HOMEMADE SPAGHETTI w/ SWISS CHARD PESTO, PICKLED WILD MUSHROOM, GOAT CHEESE, POACHED GOLDEN FERTILE EGG - 17**

SEAFOOD...EAT FOOD...

- STEAMED MUSSELS, green curry, Chinese sausage, coriander rice - 16
- BLUE CRAB GNOCCHI, sweet corn, shiro-miso butter, preserved lemon - 19
- SHRIMP SAFFRON TORTELLINI, ham hock braised fennel, green garlic, black pepper - 18
- JAPANESE HAMACHI SASHIMI, tomato ponzu compressed melons, heirloom tomato, ohba shiso + puffed barley - 17
- SAUTEED ALASKAN HALIBUT w/ ROASTED CHERRY TOMATOES & EGGPLANT, PRESERVED LEMON, CUCUMBER LEBNE, CRUMBLLED OLIVES - 22**
- SEARED MAINE DIVER SCALLOPS, GRILLED CORN, SERRANO PEPPER, PORK BELLY, BOURBON GASTRIQUE - 20**

MEAT ME LATER...;)

- WHITE OAK GRILLED SKIRT STEAK, grilled broccolini, red chimichurri - 21
- MEYER FARM 12 oz "NEVER EVER" BEEF RIBEYE, black truffle butter - 39
- PORK & RICOTTA MEATBALLS, grist & toll polenta, red sauce, grilled country bread - 15
- CHAR-SIU LAMB BELLY, 48 hour braised, then glazed w/ plum sauce, served w/ ginger bok choy + jasmine rice, sesame - 19
- DARK RYE PAPARDELLE w/ BOAR SUGO, BRAISED IN WHITE WINE SAUCE, OREGANO, SARDINIAN BIANCO SARDO - 17**
- GRILLED CHICKEN LEG & THIGH SPICED w/ PANCA CHILE, GARNET YAM & POTATO SALAD, w/ HUACINA DRESSING, PICKLED FRESNO'S, CELERY - 14**

A SPOON FULL OF SUGAR...

- THE "ELVIS", a wonderful mess of chocolate pudding, peanut butter mousse, bacon brittle - 9
- WARM BEIGNETS, chocolate sauce, passion fruit sabayon, cocoa nibs - 7
- BUTTERMILK SOFT SERVE, strawberry rhubarb compote, pine nut streusel - 7
- RUSTIC BERRY CROSTATA, VANILLA ICE CREAM, BALSAMIC GASTRIQUE - 8**

For updates: 'Like' Manhattan Beach Post on Facebook & follow us on Twitter @eatMBpost

To 'cyber stalk' Chef David follow him @ChefDLLeFevre

... and for South Bay's most eligible biscuit: 'Like' Bacon Cheddar Buttermilk Biscuits on Facebook

1142 Manhattan Avenue
Manhattan Beach, CA 90266
310.545.5405
eatMBPost.com



*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your chance of food borne illness.



Bottle List (white)

BUBBLES vibrant stonefruit, blooming honeysuckle, toasted brioche & delicate coiling bubbles	
GRAMONA Grand Cuvee - Cava Brut, catalonia, spain, 13	48
GRAHAM BECK Brut Rose, western cape, south africa, 11	55
SCARPA Rose Spumante Brut, piemonte, italy, nv	63
PIERRE GERBAIS Cuvee de Reserve - Extra Brut, champagne, france, nv	85
BRUNO PAILLARD Premiere Cuvee, reims, champagne, france, nv	98
PIERRE MORLET Grande Reserve, Premiere Cru - Brut, champagne, france, 07	135
DELAMOTTE Brut Rose, cote de blanc, champagne, france, nv	155
DOM RUINART Blanc de Blancs, Grand Cru - Brut, champagne, france, 04	250
SAUVIGNON BLANC & SEMILLON pink grapefruit, lemon merengue, daisy petals & bright acidity	
JULES TAYLOR Sauvignon Blanc - Estate, marlborough, new zealand, 16	45
LITTLE FRANCES Semillon, Luchsinger Vineyard, lake county, north coast, 14	50
La DOUCETTE Pouilly-Fume - Estate, pouilly fume, loire valley, france, 13	72
COMTE LA FOND Sancerre - Estate, sancerre, loire valley, france, 16	80
ACCENDO, Sauvignon Blanc, Eisele Vineyard, napa valley, 13	90
SHARED NOTES Sauvignon Blanc, Les Pierres qui Décident, russian river valley, 16	125
ARAUJO Sauvignon Blanc, Eisele Vineyard - Estate, napa valley, 13	150
MORLET Semillon Blend, La Proportion Doree, sonoma county, 15	215
ADVENTUROUS WHITES crisp spices, spring flowers, banana cream, Asian pear, peach cobbler & dry mineral	
UMANI RONCHI Pecorino, Vellodoro, terre di chieti, abruzzo, italy, 16	38
WALTER HANSEL Rose of Pinot Noir - Estate, russian river valley, sonoma, 16	45
CHATEAU D'ÉPIRÉ Savennières - Chenin Blanc - Cuvée Spéciale, loire valley, france, 16	53
DOMAINE WEINBACH Pinot Blanc, Reserve - Clos des Capucins, alsace, france, 15	58
CLOS UROULAT Jurancon Sec by CHARLES HOURS, Cuvee Marie, southwest france, 13	65
JOLIE-LAIDE Trousseau Gris, Fanucchi Wood Road - Estate, sonoma, 16	75
VIE DI ROMANS Pinot Grigio, Dessimis, isonzo, friuli, italy, 14	80
WAGNER STEMPPEL Riesling Trocken, Höllberg Vineyard, rheinhessen, germany, 12	88
ZIDARICH Vitovska, Terraced Vineyards - Estate, friuli-venezia giulia, italy, 14	90
DARIO PRINCIC Ribolla Gialla, friuli-venezia giulia, italy, 15	95
DOMAINE HUET Vouvray - Chenin Blanc, Le Haut-Lieu, vouvray, france, 16	115
COEUR BLANC White Pinot Noir by DOMAINE SERENE - Estate, willamette valley, oregon, 13	170
ARAUJO Viognier, Eisele Vineyard - Estate, napa valley, 13	185
LIGHTMOTIF White Blend by SINE QUA NON, california, 14	275
CHARDONNAY ripe tropical fruits, apple pie, dried banana, brown sugar, vanilla & truffle	
CHAMONIX - Estate, franschhoek, south africa, 14	53
CORNIN Macon-Chaintre - Estate, burgundy, france, 16	58
MATTHIASSEN Linda Vista Vineyard, napa valley, 16	63
EDI SIMCIC Reserva - Estate, primorska, goriska brda, slovenia, 12	68
FEL - Estate, anderson valley, mendocino county, 15	78
GRAN MORAINÉ - Estate, yamhill-carlton district, willamette valley, oregon, 13	80
CHATEAU RENARD by DOMAINE de SAINT PIERRE - Estate, arbois, jura, france, 15	83
GUARDIOLA by PASSOPISCIARO - Estate, sicily, italy, 10	85
VARNER Spring Ridge Vineyard - Bee Block, santa cruz mountains, 13	90
DOMAINE LEFLAIVE Macon-Verze - Biodynamic - Estate, macon, burgundy, france, 15	100
DARIOUSH - Estate, carneros, napa valley, 16	110
MARTINELLI Zio Tony - Estate, sonoma, 14	120
BLUE FARM Laceroni Vineyard, russian river valley, sonoma 13	125
AURATA by ANTICA TERRA, willamette valley, oregon, 10	135
MORLET Ma Douce - Estate, sonoma coast, sonoma, 14	205
KONGSGAARD Hudson Vineyard, napa valley, 14	225
DAUVISSAT Les Clos - Grand Cru, chablis, burgundy, france, 13	300
DOMAINE BONNEAU DU MARTRAY Corton-Charlemagne Grand Cru, cote du beaune, burgundy, france, 14	350
MARCASSIN Marcassin Vineyard, sonoma coast, sonoma, 10	375



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